



Testimonial

My name is Justin, I have dealt with Gerd and IBS-D for over 20 years now. I have had many doctor visits, prescriptions, scopes, and unanswered questions during that time. Dealing with these issues also brings a great deal of depression and anxiety. I basically gave up and figured this was just going to be the way my life is from now on. Then I decided to get a hold of Becky after seeing how much she has overcome and how positive she was that she could help me. Becky was the first person ever that actually took the time to talk and listen to me. Becky also set me up with the proper testing to find out exactly what was going on with me. I was very skeptical and honestly did not expect much to happen because I've been let down every time since. But I knew I needed to do something so I gave it a shot. I am now just over 4 months in and I'm beginning to feel the healthiest I have ever felt in my life. I know there's a lot more to take care of, but for the first time I actually have hope. I'm already down to maybe 1 heartburn pill a week compared to 7-10, I don't stress so much about always wondering where the bathroom will be. My anxiety is almost non-existent, and I even look way healthier. Becky always follows up with me to check in on me and I can tell she truly cares. This has by far been the greatest investment I have ever made. I truly hope everyone spends some time thinking about their health and how they can improve it to live the most optimal life.





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“I’ve spent the majority of life struggling with my gut, hormones and overall health. Meeting Becky was such a blessing. She doesn’t just look at the issue at hand, but rather takes a deeper look at the root of the problem. After just a couple sessions, Becky guided me through a simple, easy to follow process to heal my gut and stop the constant battle with inflammation and a poor mental state. Becky also had great suggestions to help me keep my kids in the best health possible. I can’t say enough about the positive environment and uplifting way in which Becky works with her patients.”Tyler

